

Workshop 9: Mental Health in Disability Management

The Challenge of Mental Health in Disability Management

Relevanz:

Stress, depression, anxiety, workplace bullying and other mental health issues are costing businesses billions every year in lost productivity, poor treatments, and employee retention. Disability management can contribute and effectively address these issues.

Fragestellungen:

- How can organizations effectively address issues related to disruptive psychopathological behavior?
 - What are the core elements of a psychological disability management approach?
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The awareness and extent of mental health concerns in the workforce is becoming increasingly apparent to practitioners, human resources personnel, employees, and employers. Organizations must address issues related to disruptive psychological behavior or pay the stiff financial, organization, and human costs borne from mental illness in the workplace.

This workshop will be a practical guide to identifying, understanding, treating and preventing individual and organizational mental health issues. The objective is to illustrate how organizations can save money and improve the health and well-being of their employees by using a psychological disability management approach in the treatment and accommodation of mental health issues.

Dr. Henry G. Harder is Professor and Chair of the School of Health Sciences at the University of Northern British Columbia. He is a registered psychologist. His research interests are in workplace mental health, suicide and aboriginal health. He is a CIHR-funded scholar, has published extensively and has made presentations and conducted workshops throughout Canada, the United States, Europe and Australia.

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